

DISCIPLESHIP TRACKS



CROSS TRACK

Spiritual Life Essentials

Inter-Denominational Version

Student Guide

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Resurrection Christian Outreach
Kirk L. Zehnder

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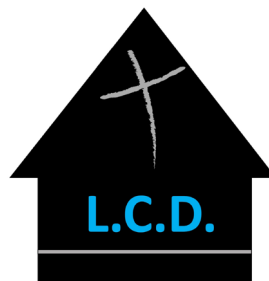
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CROSS TRACK

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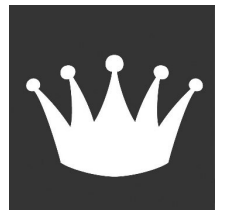
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PERSONAL LIFE ESSENTIALS



**“In the
essentials
UNITY, in
the non-
essentials
LIBERTY,
in all things
LOVE.”**



Aimee Semple McPherson

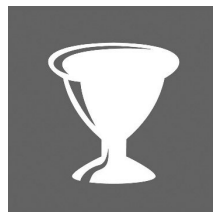
ESSENTIAL #1



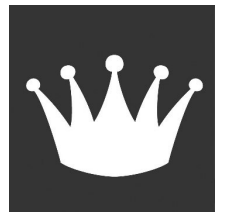
Am I A



Christ



Follower?



**What does it mean to be
“Born Again?”**

Life Essential #1

Am I A Christ Follower?

"Jesus answered and said unto him, Most assuredly I say unto you, unless one is born again, he cannot see the kingdom of God!" John 3:3 (NKJV)

I. Everyone Needs A NEW LIFE!

"...Unless one is "Born Again" (anew) or you cannot see (or enter) the Kingdom of God." John 3:3

A. Everyone begins life sinful and separated from God: Rom. 3:23

1. What is Sin? _____

a. I John 3:4:

b. _____
James 4:17:

c. Romans 14:23:

(cf., Revelation 21:8)

2. Psalms 51:5

3. Romans 6:23; Isaiah 59:1-2

B. Everyone who is sinful cannot inherit or enter the **Kingdom of God**.

1. Definition: "Kingdom Of God"

a. "Eternal life with God as King and Lord of our lives":

b. Romans 14:17; Luke 17:20-21

c. Psalms 103:19; Psalms 145:13

Life Essential #1

Am I A Christ Follower?

B. Everyone who is sinful cannot inherit or enter the Kingdom of God: CONT'D.

2. Sinful man is excluded from God's Kingdom

a. I Corinthians 6:9-10

b. Revelation 21:7-8

C. Everyone must be changed - "Born Anew" (_____)
before he can enter the Kingdom of God.

1. I Corinthians 15:50; John 3:6

2. John 1:13

II. **"Nicodemus said to Him, "How can a man be born when he is old? Can he enter a second time into his mother's womb and be born?" Jesus answered, "Most assuredly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God." John 3:4-5 (NKJV)**

A. **"WATER"**: two views.

1. Physical birth.

2. John's (the Baptist) Baptism of Repentance.

B. "Born of WATER and the SPIRIT."

1. WATER: _____

a. "In those days John the Baptist came preaching in the wilderness of Judea, and saying; REPENT, for the kingdom of heaven is at hand."

Matthew 3:1-2 (NKJV)

b. "Now after John was put in prison, Jesus came to Galilee, preaching the gospel of the kingdom of God, and saying, The time is fulfilled, and the kingdom of God is at hand: REPENT and believe in the gospel. **Mark 1:14-15 (NKJV)**

Life Essential #1

Am I A Christ Follower?

B. "Born of WATER and the SPIRIT": CONT'D.

- c. Repentance: _____
- d. Matthew 4:17; Acts 2:38; Acts 3:19

2. SPIRIT: _____

work of the Holy Spirit.

- a. "Not by works of righteousness which we have done, but according to His mercy he saved us, through the washing of regeneration, and renewing of the Holy Spirit." **Titus 3:5** (NKJV)
- b. "I will give you a new heart, and put a new spirit within you; I will take the heart of stone out of your flesh and give you a heart of flesh."
Ezekiel 36:26 ff. (NKJV) / cf., Jeremiah 31:31-34
- c. John 3:8; I Corinthians 6:9-11

3. How can I be "Born Again"?: Romans 10:9-10; I Corinthians 12:3b

- a. By _____ with our mouth that Jesus is Lord.
- b. By _____ in our hearts that God has raised Jesus from the dead.

4. CONFESSING JESUS AS LORD:

- a. More than a mouth confession: Matthew 7:21
- b. However, it is a _____ as:
 - 1) God
 - 2) Ruler and King of our TOTAL LIVES (body, soul, and spirit)!
 - 3) SUBMITTING TO THE KINGDOM OF GOD WITHIN YOU...!

Life Essential #1

Am I A Christ Follower?

B. "Born of WATER and the SPIRIT": CONT'D.

5. A Prayer To Confess Jesus Christ As Lord: John 1:12; John 3:16

Heavenly Father, I acknowledge that I have sinned against You in thought, word, and deed. I recognize that my sins have kept me separated from You, and that without Your forgiveness, I will remain separated from You for eternity. I am truly sorry for my sins. I believe that You sent Jesus Christ to die in my place for my sins. I believe that on the third day Jesus Christ rose from the dead, having paid my penalty in full, and was completely victorious over sin and death. I surrender my heart, my will, my emotions, my entire life to the Lordship of Jesus Christ. On the basis of the death and resurrection of Jesus Christ, I ask You to forgive my sins. I receive Jesus Christ into my heart to be the Lord of my life. I thank You that you have heard my prayer. I thank You that through Jesus Christ You have forgiven my sins. I thank You that through Jesus Christ I am now a child of God. I thank You that through Jesus Christ I now have eternal life. Heavenly Father, I pray this in the name of Jesus Christ MY LORD! AMEN.

NOTE: The above is more of a doctrinal statement than a sample prayer to be used when leading someone to Christ. It outlines what is contained in the true act of repentance and confession.

III. OUR ASSURANCE THAT WE HAVE BEEN BORN AGAIN - THE THREEFOLD WITNESS: (Matthew 18:16b):

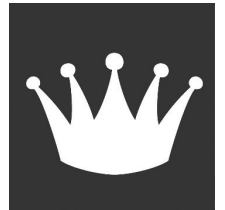
A. GOD'S _____: John 3:16; John 1:12

B. GOD'S _____: I John 5:10-13

C. GOD'S _____: Romans 8:16,
Ephesians 1:13; II Corinthians 1:22

ESSENTIAL #2

**Have I
Answered
the
Call of
Baptism?**



Life Essential #2

The Call of Baptism

I. THE CHRISTIAN LIFE IS CELEBRATED WITH BAPTISM:

A. The Word "Baptism" As Used In Both The Old & New Testaments.

1. Old Testament: The word "Baptism" is not found in Hebrew text but the concept of "ceremonial washings" is found frequently both in the Scriptures and in the Jewish customs of Jesus' day. These washings signified purification and consecration.

a. Exodus 29:4, 40:12

b. Leviticus 14:8

2. New Testament: "**Baptizo**" - literally to dip, immerse, or submerge. This word was used among the Greeks to signify the dyeing of a garment.

a. Luke 11:38

b. Mark 7:1-4

B. John's Baptism:

1. John's baptism was a "preparatory washing" for the coming of the Lord - Mark 1:3.

2. The KEY to John's Baptism was REPENTANCE for the remission of sins.

a. Mark 1:4-5

b. Luke 3:3, 7-8:

c. "Then all the land of Judea, and those from Jerusalem, went out to him and were all baptized by him in the Jordan River, confessing their sins." Mark 1:5 (NKJV)

Life Essential #2

The Call of Baptism

C. Christian Baptism:

1. Christian Baptism was instituted by Jesus and replaced the "Baptism of John".
 - a. John's baptism was only temporary: John 3:26-30
 - b. Christian baptism is the fulfillment of John's baptism: Acts 19:1-7
 - c. Jesus made Christian Baptism a Universal Command: Matthew 28:18-20
2. Why was Jesus baptized by John the Baptist?
 - a. Jesus had no need to receive a baptism for the remission of sins for He was without sin - I John 3:5; Hebrews 4:15.
 - b. Jesus submitted to John's baptism as a sign of fulfillment and to set an example for us - to "Fulfill All Righteousness": Mark 1:9; Matthew 3:15-17.

II. CHRISTIAN BAPTISM - THE REASON WE CELEBRATE!:

A. What Is The Purpose Of Christian Baptism?

1. A Means Of Salvation?

- a. _____

- b. Romans 10:9-10; Revelation 3:20; Romans 3:22

Life Essential #2

The Call of Baptism

A. What Is The Purpose Of Christian Baptism?: CONT'D.

c. The Biblical Order: Acts 2:38, 41

1) _____

2) _____
(cf., Acts 8:12-13, 36-38)

2. An _____ Of What God Has Done In Our Heart Through Faith: **A Celebration!**

a. "An _____ to God from a clear conscience.

1) I Peter 3:21 (KJV/ NIV)

2) "Clear Conscience": Hebrews 9:14 - One who has been washed clean by the blood of Jesus Christ. (One who has believed/ #1 above).

3. What about circumcision and baptism, aren't they related?

a. The Symbolism: Colossians 2:11-12; Genesis 17:9-14

b. Circumcision was only a token of the covenant: Genesis 17:11

c. Faith was the key element, and faith came before the token: Romans 3:9-13.

d. Therefore, similarly, baptism which corresponds to circumcision comes after faith, and is the token (pledge, sign, seal) or salvation by faith.

e. Conclusion: Baptism is reserved for believers, those who have a personal relationship with Jesus Christ.

Life Essential #2

The Call of Baptism

B. Why Should I Be Baptized

1. To _____ Christ's example: Matthew 3:13-17
(An act of obedience / I Peter 3:21).
2. To _____ Christ's command: Matthew 28:19;
Acts 2:38; 8:12-13, 35-40.
3. To Publicly _____ Jesus Christ as Lord of my life:
Acts 2:41; Matthew 10:32-33
4. To _____ tangibly with what Christ has done for
me spiritually:
 - a. Romans 6:1-4
 - b. Physically portraying our death to sin and determination to live a
Christian life ("..rising in newness of life!).

C. What Is The Biblical Method Of Baptism?

1. By _____ in water.
 - a. Greek word "*baptizo*" literally means to dip, immerse, or submerge.
 - b. This more graphically portrays the Christian symbolism: Romans
6:3-4; Colossians 2:12 (also see: Mk 1:9; Jn 3:23; Acts 8:38)
2. Why Water?
 - a. Symbolizes burial: Death to sin.
 - b. Symbolizes washing away of sin: (Actually done by
the blood of Christ).
 - c. Symbolizes rising to newness of life: As we rise out
of the water. The new life of the Spirit!

Life Essential #2

The Call of Baptism

III. THE DIVIDE OF THE CROSS: THE BRIDGE TO SUCCESS!

A. Nothing Of The Old Creation Can Inherit The New Creation: John 3:3-6; I Corinthians 15:50.

1. Flesh: Old Creation
2. Spirit: New Creation

B. God's Solution

1. The Cross: Romans 6:6 - Did away with our flesh (old nature).
2. The Resurrection: Romans 6:4-5 - Gave us a NEW LIFE IN THE SPIRIT! (cf., Romans 8:8-10; II Corinthians 5:17; Colossians 2:11-12)

C. The Significance Of Baptism:

1. Baptism: An outward sign of the inward work of Salvation that God has wrought in us by faith in Christ. (Rom. 1:16; 10:8-10; Eph. 2:8-9)
2. Salvation: Greek/*Soteria* - Deliverance/Preservation.
 - a. Not so much deliverance from "sin" & "sins" - but rather deliverance from Satan's rule and dominion (John 12:31).
 - b. INTO GOD'S RULE AND DOMINION - (Galatians 6:14; Colossians 1:11-13; I Thessalonians 5:9; I Peter 1:5).

D. BAPTISM: THE DIVIDE OF THE CROSS

Kingdom of Darkness
(Satan)

* I Peter 3:21: An answer to the cross (God speaking through the cross). A request for burial, realizing we are dead to sin - Romans 6:4-6; Colossians 2:11-12a; 1:13-14

"IN CHRIST"



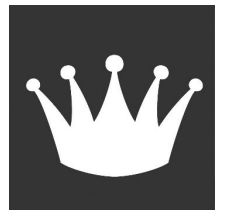
KINGDOM OF LIGHT
(Christ)

* Romans 6:4b,5: An entrance into NEW LIFE through spiritual resurrection (We've been planted/grafted into His life!) I Cor.1:30; John 15:1-5; John 1:13; 3:5-8.

"CHRIST IN ME!"

ESSENTIAL **#3**

**Have I
Discovered
God's
Provision
For
Power
In Life!**



**“...*We advocate*
moderation and
especially no
wildfire, but
POWER UNDER
CONTROL.
The SALVATION
OF SOULS is
the main
consideration”**



Aimee Semple Mcpherson

Life Essential #3

God's Provision for Power

I. LIVING FOR JESUS CHRIST REQUIRES POWER!

A. I Peter 1:15-16: _____.

B. Matthew 28:19-20: _____.

II. GOD'S PROVISION OF POWER!

A. Acts 1:4-5, 8: The Baptism Of The Holy Spirit.

B. Is this provision still available today? Is it for everyone? _____.

1. Acts 2:38-39: "...to every one...."

2. John 7:37-39: "If any man....."

III. THE PROMISE OF THE FATHER: "The Baptism Of The Holy Spirit."

A. A Biblical Understanding Of This Provision:

1. It is not the _____ of the Spirit of God.

a. Romans 8:9

b. Galatians 4:6: The Holy Spirit is received in Salvation.

2. It is the _____ of the Power of the Holy Spirit in our lives.

a. In salvation one has the Holy Spirit; IN THE

BAPTISM OF THE HOLY SPIRIT - THE HOLY SPIRIT

_____!!!

b. John 7:38-39; Luke 4:18-19; John 14:17

Life Essential #3

God's Provision for Power

A. A Biblical Understanding Of This Provision: CONT'D.

3. It is a baptism of the _____
_____.

- a. Romans 5:5
- b. Ephesians 3:16-21
- c. Acts 2:4, 11

B. The Blessings Of This Provision:

1. II Corinthians 5:14-15: Enables us to _____ for Christ!
2. Acts 1:8: Enables us to _____ for Christ!
3. Romans 8:6: Enables us to _____
_____ in life and peace.
4. Galatians 5:22-23: Enables us to _____
_____ as we become a more fertile ground for the cultivation
of the "Fruit of the Spirit"

IV. RECEIVING THIS PROVISION FROM GOD: Power for Daily Living!

A. It is a FREE GIFT, but we must _____.

1. Luke 11:9-13
2. Ephesians 5:14-20: _____!
3. John 15:26, 16:7
4. Acts 2:38-39

Life Essential #3

God's Provision for Power

B. What is the evidence that one has received the Baptism of the Holy Spirit?

1. A _____ of God's Love in our lives.
 - a. Romans 5:5
 - b. Ephesians 3:14-21
 - c. Acts 2:1-4,11

2. This anointing of Divine Love will manifest itself in a new boldness to _____ for Jesus Christ.
 - a. Acts 1:8
 - b. Acts 2:14-36

3. This boldness will lead men and women to conviction and salvation as the Holy Spirit works through our lives.
 - a. Acts 2:37-47
 - b. I Corinthians 2:1-5
 - c. Romans 1:16

4. Another Biblical evidence of the fullness of the Spirit in our lives is that of speaking in tongues.
 - a. The initial Biblical evidence of the Baptism or infilling of the Holy Spirit in the Book of Acts was the gift of speaking in tongues.
 - b. Some Scriptures: Acts #2; 8:14-17; 10:44-48; 19:1-7; Romans #8
 - c. We can expect a manifestation of the Holy Spirit in our lives: I Corinthians 12:7.

Life Essential #3

God's Provision for Power

4. Another Biblical evidence of the fullness of the Spirit in our lives is that of speaking in tongues: CONT'D.
 - d. Every Christian should desire this gift.
 - 1) I Corinthians 14:1
 - 2) I Corinthians 14: 4-5
 - e. Biblical teaching on the benefits of speaking in tongues.
 - 1) I Corinthians 14:14-15 (Note Paul defines what he means when he refers to "praying in the Spirit").
 - 2) Ephesians 6:18
 - 3) Romans 8:26
 - 4) Jude 20
 - 5) James 3:2,8



CHURCH LIFE ESSENTIALS



Church Life **#1**

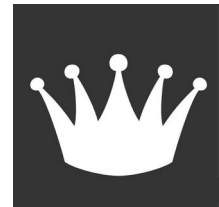
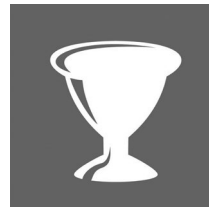
**This section
will be
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Distinctives**

Church Life **#2**

**This section
will be
provided as
a handout
to review
your Church's
Vision and
Mission**

Church Life **#3**

The Importance Of Church Membership



The Importance Of Church Membership

I. THE CALL TO "BIBLICAL FELLOWSHIP":

A. Fellowship comes from the Greek word, "koinonia", which means:

" _____ "

B. Scriptural definition of "FELLOWSHIP".

1. Meeting together to - _____
_____. (i.e., prayer, worship, sharing in the Lord's table/
communion)
 - a. Acts 1:14; Acts 2:42-47
 - b. Ephesians 5:19b-20
 - c. Colossians 3:16b
 - d. I Peter 2:5; Hebrews 13:15; Romans 12:1 (cf., I Samuel #2-3)
2. Meeting together to - _____
_____. (i.e., prayer, Bible study, meeting each
others needs spiritually, emotionally, materially).
 - a. Acts 2:42, 44 - 46
 - b. Ephesians 5:19a
 - c. Colossians 3:16a
3. Meeting together to - _____
_____.
 - a. All "Moral Exchange" between Christians can be termed
"Fellowship", as long as Christ is the center of the activity
and all things are done to the Glory of God!
 - b. Scriptures: John 10:10; Colossians 1:18; 3:17;
I Corinthians 10:31

The Importance Of Church Membership

II. THE BLESSINGS OF TRUE "BIBLICAL FELLOWSHIP":

A. _____:

1. Proverbs 27:17: "Iron sharpens iron..."
2. Ecclesiastes 4:9-12: "...two shall withstand him..."
3. Matthew 18:19-20: "If two of you agree..."
4. Ephesians 1:18-23: "...to the church. Which is His body, the fullness of Him..."

B. _____:

1. Hebrews 10:23-25: For *encouragement*.
2. Hebrews 3:13; Ecclesiastes 4:12: For *strength*.
3. Romans 1:12; Colossians 2:2: For *comfort and assurance*.
4. James 5:16: For *confession and healing*.
5. I John 4:7-13: To _____
_____!

The Importance Of Church Membership

III. THE HOW OF “BIBLICAL FELLOWSHIP”.

A. _____ meet together regularly.
(i.e., the local church).

1. Hebrews 10:25
2. Acts 2:42-44
3. Psalms 92:13-15

B. _____ meeting each other's needs (spiritually, emotionally, materially).

1. Matthew 20:25-28
2. John 13:34; Ephesians 4:2
3. Galatians 6:2; Romans 15:1-7
4. I Corinthians 12:13-27 (especially 25-26)

C. _____ the ministry of the local church.

1. _____ : Colossians 4:2-4; Ephesians 6:18

SUPPORT

2. _____ : Galatians 6:6; I Corinthians 16:1-2

STEWARDSHIP

3. _____ : I Peter 4:10-11

SERVICE

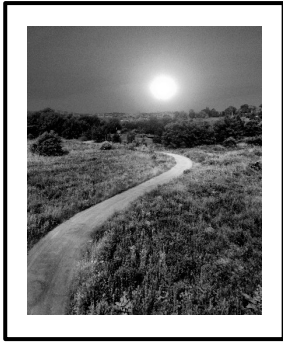
IV. THE OBJECTIVE OF FELLOWSHIP.

A. Ephesians 4:13-16; John 17:21-23

B. THAT WE MAY BE..... _____THAT
THE WORLD MAY BE _____ !

C. Matthew 28:18-20: Fulfilling The **Great Commission**
As The Body Of Christ.

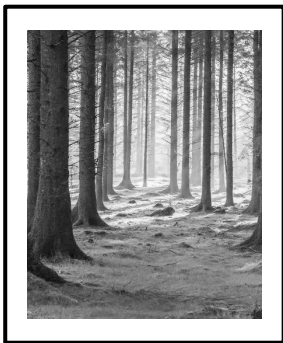
RESOURCE HANDOUTS



**THE PATHWAY TO
PERSONAL MINISTRY...**



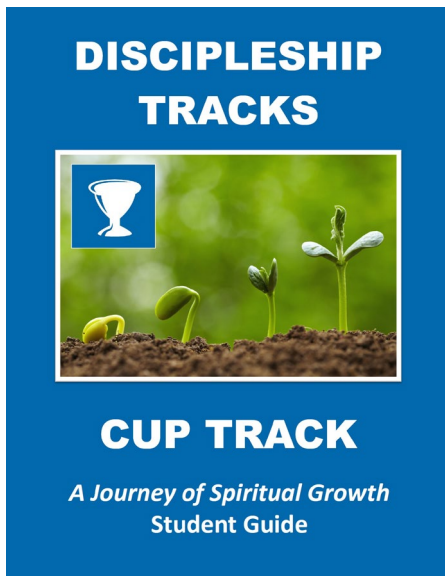
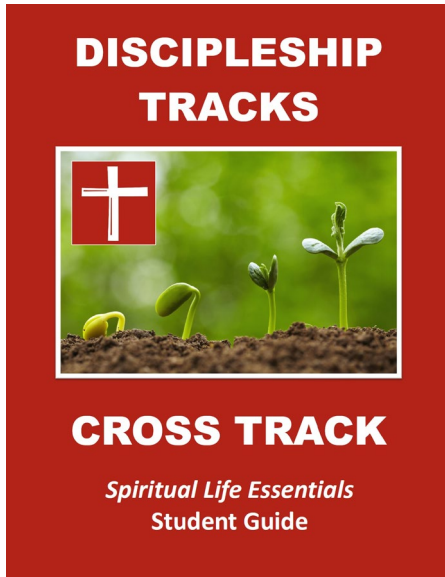
**FOUR REASONS I LOVE
TO TITHE...**



**MAKING A
COMMITMENT TO
FELLOWSHIP...**

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Kirk L. Zehnder is the Founder and Director of Local Church Dynamics and Resurrection Christian Outreach. With over 40 years of pastoral ministry and business experience, Kirk brings relevant and practical teaching to equip and strengthen the ministry of the local church!



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